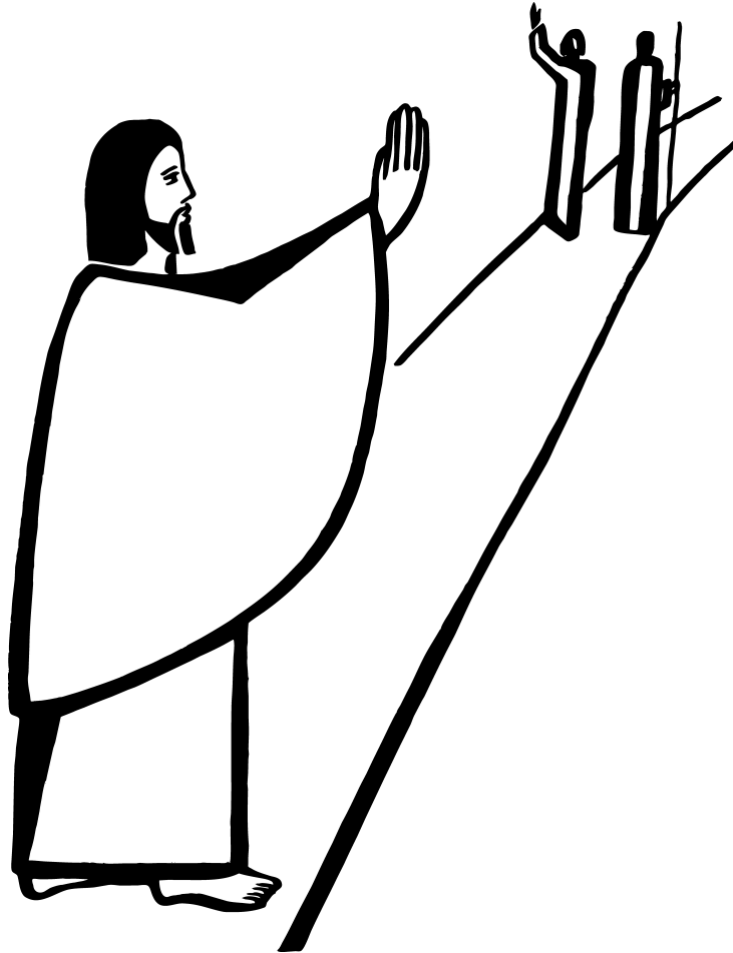


# VIII Pentecost

*Hear the Word. Break the Bread. Share the Love.*



## Holy Eucharist

July 14, 2024

10:30 a.m.

**Saint Alban's Episcopal Church Welcomes You**

*130 39<sup>th</sup> Ave. Pl. NW, Hickory, NC 28601*

*(828) 324-1351*

*Welcome to St. Alban's. We are grateful for your presence.  
Cloth pew bags are now available for our younger worshipers.  
Please return to the basket as you depart.*

## Prelude

# The Liturgy of the Word

**Processional Hymn**  
Hymnal 686

*Come, thou fount of every blessing*

## Opening Acclamation

BCP p. 355

*The people standing, the Celebrant says*

Blessed be God: Father, Son, and Holy Spirit.

*People* And blessed be his kingdom, now and for ever. Amen.

## Collect for Purity *(Celebrant and People)*

BCP p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

## Gloria *(Spoken in unison)*

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world; have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## The Collect of the Day

BCP p. 357

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

**The Lesson: 2 Samuel 6:1-5, 12b-19**    *The people sit.*

A Reading from the Second Book of Samuel.

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt offerings and offerings of well-being before the Lord. When David had finished offering the burnt offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

*Reader*            The Word of the Lord.

*People*            Thanks be to God.

**The Gradual: Psalm 24**    (*Spoken in unison*)

<sup>1</sup>The earth is the LORD's and all that is in it,  
the world, and those who live in it;

<sup>2</sup>for he has founded it on the seas,  
and established it on the rivers.

<sup>3</sup>Who shall ascend the hill of the LORD?  
And who shall stand in his holy place?

<sup>4</sup>Those who have clean hands and pure hearts,  
who do not lift up their souls to what is false,  
and do not swear deceitfully.

<sup>5</sup>They will receive blessing from the LORD,  
and vindication from the God of their salvation.

<sup>6</sup>Such is the company of those who seek him,  
who seek the face of the God of Jacob.

<sup>7</sup>Lift up your heads, O gates!  
and be lifted up, O ancient doors!  
that the King of glory may come in.

<sup>8</sup>Who is the King of glory?  
The LORD, strong and mighty,  
the LORD, mighty in battle.

<sup>9</sup>Lift up your heads, O gates!  
and be lifted up, O ancient doors!  
that the King of glory may come in.

<sup>10</sup>Who is this King of glory?  
The LORD of hosts,  
he is the King of glory.

### **The Epistle: Ephesians 1:3-14**

A Reading from Paul's Letter to the Church in Ephesus.

<sup>3</sup>Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup>just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. <sup>5</sup>He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, <sup>6</sup>to the praise of his glorious grace that he freely bestowed on us in the Beloved. <sup>7</sup>In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace <sup>8</sup>that he lavished on us. With all wisdom and insight <sup>9</sup>he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, <sup>10</sup>as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. <sup>11</sup>In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, <sup>12</sup>so that we, who were the first to set our hope on Christ, might live for the praise of his glory. <sup>13</sup>In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; <sup>14</sup>this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

*Reader*            The Word of the Lord.

*People*            Thanks be to God.

### **Sequence Hymn**

Hymnal 706

*In your mercy, Lord, you called me*

### **The Holy Gospel: Mark 6:1-13**

*Deacon*            The Holy Gospel of our Lord Jesus Christ according to Mark.

*People*            Glory to you, Lord Christ.

Jesus came to his hometown, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, “Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?” And they took offense at him. Then Jesus said to them, “Prophets are not without honor, except in their hometown, and among their own kin, and in their own house.” And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, “Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.” So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

*Deacon*            The Gospel of the Lord.  
*People*            Praise to you, Lord Christ.

**The Sermon**  
Anne Bridgers

The Rev.

**The Nicene Creed**    (*People stand*)

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**The Prayers of the People**      FORM III  
BCP pp. 387-388

*The Leader and People pray responsively*

Father, we pray for your holy Catholic Church;

**People**      ***That we all may be one.***

Grant that every member of the Church may truly and humbly serve you; That your Name may be glorified by all people, remembering especially Michael, Presiding Bishop, José, our Bishop, and Sean, Presiding Bishop-elect, we pray for all bishops, priests, and deacons;

**People**      ***That they may be faithful ministers of your Word and Sacraments.***

Remembering especially, Joe, our President, legislatures and the courts of our land, we pray for all who govern and hold authority in the nations of the world;

**People**      ***That there may be justice and peace on the earth.***

Give us grace to do your will in all that we undertake;

**People**      ***That our works may find favor in your sight.***

Have compassion on those who suffer from any grief or trouble;

**People**      ***That they may be delivered from their distress.***

Remembering especially John Self, Jill Waters, Lauren Nixon, and Joe Shearer, give to the departed eternal rest;

**People**      ***Let light perpetual shine upon them.***

We praise you for Alban and all your saints who have entered into joy;

**People**      ***May we also come to share in your heavenly kingdom.***

Let us pray for our own needs and those of others.

*Silence*

*The People may add their own petitions.*

*The Celebrant adds a concluding Collect.*

**Confession**    (*Celebrant*)

BCP p.360

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

**Absolution**      *(Celebrant)*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

**The Peace**

*Celebrant*      The peace of the Lord be always with you.  
*People*          And also with you.

*Then the Ministers and the People may greet one another in the name of the Lord, passing the Peace of Christ.*

## The Holy Communion

**The Doxology**      *(Hymn 380, verse 3)*

*Praise God, from whom all blessings flow; praise him all the creatures here below; praise him above the heavenly host; praise Father, Son, and Holy Ghost.*

**The Great Thanksgiving** – Eucharistic Prayer A  
BCP p. 361

*The people remain standing. The Celebrant says*

The Lord be with you.

**People** And also with you.  
**Celebrant** Lift up your hearts.  
**People** We lift them to the Lord.  
**Celebrant** Let us give thanks to the Lord our God.  
**People** It is right to give him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a Proper Preface is said.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus** (*Spoken in unison*)

*Celebrant and People*

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

*The people stand or kneel as the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:



*Celebrant and People*

Christ has died.

Christ is risen.

Christ will come again.

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we now pray,

*People and Celebrant*

Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,  
as we forgive those who trespass against us.

And lead us not into temptation,  
but deliver us from evil.

For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

**The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Christ our Passover is sacrificed for us;*

Therefore let us keep the feast.

*The Celebrant says the following Invitation*

The Gifts of God for the People of God.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*Gluten free waters are available upon request at the altar rail.*

*Two chalices are offered at the altar rail. The first one is offered to those who prefer to drink from the cup.*

*The second chalice follow for those who prefer to instinct (dip) the wafer in the wine before consuming.*

*Please hold the wafer in your open palm to indicate your preference to the server.*

**The Communion of the People**

*The Bread and the Cup are given to the communicants with these words*

The Body of Christ, the bread of heaven.

The Blood of Christ, the cup of salvation.

**Communion Hymn**

*Praise the Lord, rise up rejoicing*

Hymnal 334

**Post-Communion Prayer**

BCP p. 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

**The Blessing**

God of power, may the boldness of your Sprit transform us,  
May the gentleness of your Sprit lead us,  
May the gifts of the Spirit be our goal and our strength, now and always,  
and may the blessing of the everlasting Trinity be with us now and always. *Amen.*

**Recessional Hymn**

*Lift up your heads, ye mighty gates*

Hymnal 436

**Dismissal**

Go in peace to love and serve the Lord.

*People* Thanks be to God.

**Postlude**

***We gather for refreshments in the Commons Room immediately following the service.  
All are welcome to participate and check out the kiosk for more ways to serve the Lord!***