

XI Pentecost

Hear the Word. Break the Bread. Share the Love.



Holy Eucharist

August 4, 2024
10:30 a.m.

Saint Alban's Episcopal Church Welcomes You
130 39th Ave. Pl. NW, Hickory, NC 28601
(828) 324-1351

*Welcome to St. Alban's. We are grateful for your presence.
Cloth pew bags are now available for our younger worshipers.
Please return to the basket as you depart.*

Prelude

The Liturgy of the Word

Processional Hymn

Glorious things of thee are spoken

Hymnal 522

Opening Acclamation

The people standing, the Celebrant says

BCP p. 355

Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

Collect for Purity *(Celebrant and People)*

BCP p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria

Hymnal S 280

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world; have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lesson: Exodus 16:2-4, 9-15 *The people sit.*

A Reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.’”

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

Reader The Word of the Lord.
People Thanks be to God.

The Gradual: Psalm 51:1-13 (*Spoken in unison*)

- ¹Have mercy on me, O God, according to your loving-kindness; *
in your great compassion blot out my offenses.
- ²Wash me through and through from my wickedness *
and cleanse me from my sin.
- ³For I know my transgressions, *
and my sin is ever before me.
- ⁴Against you only have I sinned *
and done what is evil in your sight.
- ⁵And so you are justified when you speak *
and upright in your judgment.
- ⁶Indeed, I have been wicked from my birth, *
a sinner from my mother’s womb.
- ⁷For behold, you look for truth deep within me, *
and will make me understand wisdom secretly.
- ⁸Purge me from my sin, and I shall be pure; *
wash me, and I shall be clean indeed.
- ⁹Make me hear of joy and gladness, *
that the body you have broken may rejoice.
- ¹⁰Hide your face from my sins, *
and blot out all my iniquities.
- ¹¹Create in me a clean heart, O God, *
and renew a right spirit within me.
- ¹²Cast me not away from your presence *
and take not your holy Spirit from me.
- ¹³Give me the joy of your saving help again *
and sustain me with your bountiful Spirit.

The Epistle: Ephesians 4:1-16

A Reading from Paul's Letter to the Church in Ephesus.

¹I, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, ²with all humility and gentleness, with patience, bearing with one another in love, ³making every effort to maintain the unity of the Spirit in the bond of peace. ⁴There is one body and one Spirit, just as you were called to the one hope of your calling, ⁵one Lord, one faith, one baptism, ⁶one God and Father of all, who is above all and through

all and in all.

⁷But each of us was given grace according to the measure of Christ's gift. ⁸Therefore it is said,
"When he ascended on high he made captivity itself a captive;
he gave gifts to his people."

⁹When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? ¹⁰He who descended is the same one who ascended far above all the heavens, so that he might fill all things. ¹¹The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, ¹²to equip the saints for the work of ministry, for building up the body of Christ, ¹³until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. ¹⁴We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. ¹⁵But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, ¹⁶from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader The Word of the Lord.

People Thanks be to God.

Sequence Hymn *God of the prophets, bless the prophets' heirs*

Hymnal 359

The Holy Gospel: John 6:24-35

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

²⁴On the next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

²⁵When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?"

²⁶Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. ²⁷Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." ²⁸Then they said to him, "What must we do to perform the works of God?" ²⁹Jesus answered them, "This is the work of God, that you believe in him whom he has sent." ³⁰So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? ³¹Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" ³²Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. ³³For the bread of God is that which comes down from heaven and gives life to the world."

³⁴They said to him, "Sir, give us this bread always."

³⁵Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Rev. Anne Bridgers

The Nicene Creed (People stand)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

FORM III

BCP p. 387-388

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;

People *That we all may be one.*

Grant that every member of the Church may truly and humbly serve you; That your Name may be glorified by all people, remembering especially Michael, Presiding Bishop, José, our Bishop, and Sean, Presiding Bishop-elect, we pray for all bishops, priests, and deacons; and in the Diocesan Cycle of Prayer, Church of the Transfiguration, Bat Cave, Church of the Transfiguration, Saluda.

People *That they may be faithful ministers of your Word and Sacraments.*

Remembering especially, Joe, our president, legislatures and the courts of our land, we pray for all who govern and hold authority in the nations of the world;

People *That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;

People *That our works may find favor in your sight.*

Remembering especially all those on our Parish Prayer List, have compassion on those who suffer from any grief or trouble;

People *That they may be delivered from their distress.*

Give to the departed eternal rest;

People *Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;

People *May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

The Celebrant adds a concluding Collect.

Confession (*Celebrant*) (*Stand or kneel*)

BCP p.360

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

Absolution (*Celebrant*)

BCP p. 360

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace (*Stand*)

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

The Doxology (*Hymn 43, verse 3*)

Praise God, from whom all blessings flow; praise him all the creatures here below; praise him above the heavenly host; praise Father, Son and Holy Ghost.

The Great Thanksgiving Eucharistic Prayer A

BCP p. 361

The People remain standing. The Celebrant continues

The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is said.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

Hymnal S 129

Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The People stand or kneel, as the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

As our Savior Christ has taught us, we now pray,

People and Celebrant

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Christ our Passover is sacrificed for us;

Therefore let us keep the feast.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

Gluten free wafers are available upon request at the altar rail.

Two chalices are offered at the altar rail. The first one is offered to those who prefer to drink from the cup.

The second chalice follow for those who prefer to intinct (dip) the wafer in the wine before consuming.

Please hold the wafer in your open palm to indicate your preference to the server.

The Communion of the People

The Bread and the Cup are given to the communicants with these words

The Body of Christ, the bread of heaven.

The Blood of Christ, the cup of salvation.

Communion Hymn

Draw nigh and take the Body of the Lord

Hymnal 328

Post-Communion Prayer

BCP p. 365

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. And the blessing of God, Father, Son and Holy Spirit be with you now and always. *Amen.*

Recessional Hymn

Guide me, O thou great Jehovah

Hymnal 690

Dismissal

Go in peace to love and serve the Lord.

People

Thanks be to God.

Postlude

***We gather for refreshments in the Commons Room immediately following the service.
All are welcome to participate and check out the kiosk for more ways to serve the Lord!***

From riteplanning.com.

Copyright © 2024 Church Publishing Inc. All rights reserved.

Streaming permission through One License- 722561-A.